

THE GOOD WORD (Neh. 8:2-4a, 5-6, 8-10 / 1Cor. 12:12-30 / Luke 1:1-4, 4:14-21)



Fr. John Mark Ettensohn, OMI
Pastor

Our President gave his inaugural address this past week as he begins his term in office. It is meant to highlight what he believes to be important in his presidency, and what our country can expect for the next four years.

Jesus in our Gospel passage from Luke is giving his inaugural address as he prepares to begin his ministry. As the Messiah (anointed one) of God, he quotes the prophet Isaiah and says that he has come to "bring glad tidings to the poor, proclaim liberty to captives, recovery of sight to the blind, and to let the oppressed go free."

It is important for us to remember that Jesus not only went about doing this in his day, but through his Spirit first received at our baptism is also doing it in a different way in our day. He has chosen to work in, with, and through us rather than in spite of us to make our world a better place. Much rises and falls on our willing response.

So, can we see beyond our concern with self to discover Christ's presence in our sisters and brothers who are in need? Can we by our lived example show that success in life is not about having more (power, prestige, possessions) but about growing and living into our deep true self? Through our relationships can we help free ourselves and others from the oppressiveness of self-centeredness? Yes we can because His Spirit is always at work within bringing us home, to self, to each other, and to our loving God!

THANK YOU FOR YOUR PRAYERS

I am very grateful for your prayers this past week for a successful surgery. I am in recovery, and I am doing well...oh so thankful for a good night's sleep!

BLACK HISTORY MONTH

As we prepare to enter the month of February, we also remember that it is Black History Month. As always, we will be celebrating in various ways throughout the month. The main celebration will be at the Masses on the weekend of February 22nd and 23rd. At those Masses Fr. Cornelius will be presiding.

Our guest speaker will be Karen Permillion. Karen holds a Master's degree in Healthcare Administration. She is an active member at St. Columba Parish and serves there as a Lector and Eucharistic Minister. She is also a retreat facilitator, OCIA sponsor, and mental health advocate.

"Go forward bravely. Fear nothing. Trust in God; all will be well."

St. Joan of Arc

"GOD IS GOOD...ALL THE TIME, AND ALL THE TIME... GOD IS GOOD!"

Third Sunday in Ordinary Time

Welcome to Sacred Heart Parish

We are glad that you have chosen to worship with us. Please consider registering with Sacred Heart as your faith community. To register, complete the registration form located on our website: www.sacredheartoak.org

	Actual Weekly Goal—\$2,500	Second Collection
Jan. 19	\$ 1,979.00	
Jan. 12	\$ 2,242.00	Diocesan Seminarians: \$876.00
Jan. 5	\$ 3,198.00	Solemnity of Mary: \$ 1,085.00
Dec. 29	\$ 4,913.00	Christmas: \$13,373.00

Zoom Mass At Sacred Heart

Sunday Mass 10:00 AM Pacific Time
Join Zoom Meeting
<https://us02web.zoom.us/j/77544527155?>
Meeting ID: 775 4452 7155
Password: 608287

Zoom Yoga With Father Jack

Thursdays 7:00 PM Pacific Time. This is a recurring Zoom Meeting
<https://us02web.zoom.us/j/82047860718>
Meeting ID: 820 4786 0718
One tap mobile
+16699006833,,82047860718# US (San Jose) +12532158782,,82047860718# US (Tacoma)

Attention ZOOM Users:

Please check your devices to be sure you have the most up-to-date version of the ZOOM app. The company issues periodic updates and the older version may stop working.

Prayer Requests



Helen Flowers • Mary DeVincenzi • Danny Dolter • Esemia Tabacco • Charlie Rogers • Demetrio Tafoya • Jay Patel • Ernestine Pernecco • Joshua Yu • Monte Gabriel • Mindi Reyes • Michele Rios • Jeremiah Dunn • Marlen Pineda • Tamara Bell-Murray • Charles Cosby • Noel Ljubicic • Alicia Allen • Rita Dykes • Kim Stanley • Yvonne Leung • Myra Cole • Viola Cleo Bradshaw • Magdalena Lovejoy • Crystal Vines • Michelle • Sinead • Andrea Emilia Bernabey • Dena-Antoinette Chisholm • Cullen Creel • Catherine Karanza • Calvin Roberts • Valentine Judy Andrade's Family • Alberto Almonicar • Rudolph Colar • Imelda Villezar-Gomez • Daranee Teapthong • Ben Navarra • Clarita Mescallado • Suzan Ormandy • John Altez • Alema Rayman Howe • Elizabeth Council • Justino Mariscal • Maria Guadalupe Mariscal • Sage Suede • Chiamaka Umezuruike • Neenimon •

Mass Intentions — Jan. 26, 2025

Sat Jan. 25 5:00p

Maria Chan †

Sun Jan. 26 7:30a

Rosemary Brennan †

Sun Jan. 26 10:00a

Clara D. Mescallado †

Jim Mikus †

Mon Jan. 27 8:00a

Peter Le Van Lien †

Anna Truong-Thi-Lien †

Tue Jan. 28 8:00a

Debra A. Rodgers †

Wed Jan. 29 8:00a

Manuel P. Rebello †

Thu Jan. 30 8:00a

Fe Cendana †

Fri Jan. 31 8:00a

Fe Baldomir †

Third Sunday in Ordinary Time

Thank You Sacred Heart for Making MLK Day of Service an Amazing Day!

What an amazing day to “Be Church”! Over 40 people from the age of “almost 3 to 80+” joined together here at Sacred Heart to beautify our neighborhood for the MLK Day of Service on Jan. 20. One-third of the participants were from our parish and two-thirds were from the neighborhood. Thank you to those from the parish who welcomed our neighbors and made them feel at home.

We collected about 950 gallons of trash from throughout the neighborhood; along MLK and 40th and then down to Adeline and Market and 36. With 40 people a large part of our community was cared for.

And we did it in the spirit of Dr. King who reminds us that “The time is always right to do what is right.” Many who participated are looking forward to the Earth Day Clean up in April. Thank you Sacred Heart at 149 we are still going strong!



WORLD DAY OF THE SICK 2025



FRANK LAROCCA'S

MESSE DES MALADES

CATHEDRAL CHOIR CONDUCTED BY JEFFREY PAROLA

FEBRUARY 8

SATURDAY @ 11AM

THE CATHEDRAL OF CHRIST THE LIGHT
2121 HARRISON ST, OAKLAND



To register visit
worlddayofthesick.eventbrite.com



Oakland Ceasefire Night Walks

Oakland Ceasefire is a church/ community movement to stop gun violence. We are united in building a culture of peace and healing.

Information: call 510.382.1687, visit Faith in Action: faieastbay.org, or talk to Fr. Jack or Carrie. **Next walks (6-8 pm): Jan. 31: St. Benedict, 2245 82nd Ave.; Feb. 14: First Mount Sinai, 1970 86th Ave.**





INTERFAITH

January 25 — Conversion of St. Paul-Christian: It is because of this day we celebrate the week of Christian Unity.

January 27, 1945 — Liberation of the Concentration Camp of Auschwitz by the Soviet Army. On this day we remember people around the world and the genocide that continues to take place. [International Holocaust Remembrance Day \(unesco.org\)](http://International Holocaust Remembrance Day (unesco.org))

January 29 — New Moon ☾

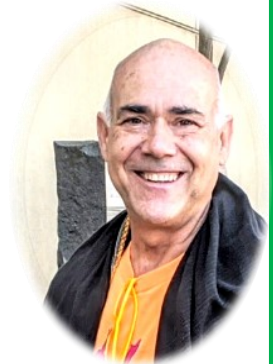
January 30 — JASHN-E SADEH Zoroastrian (Iranian) A midwinter bonfire festival, 50 days to spring "NoRuz". The Litany of Fire is recited and Iranian legends are told of King Hoshang (who discovered the art of making fire). Piping hot stew, dancing, and merry making takes place.

January 31 — Birth of Gurū Har Rai – Sikhism: A celebration of the birth of the seventh of the Sikh gurūs [1630 – 1661 C.E.]

February 1, 1865 — National Freedom Day: the signing by Abraham Lincoln of a joint House and Senate resolution that later became the 13th Amendment outlawing slavery. This day was the forerunner of Black History Month.



Oblate Days of Memory



Fr. Jack Lau OMI
Associate Pastor

January, 26. 1964, Anthonipillai Thomas, OMI (Servant of God) He was born in Sri Lanka and was a sickly child. Anthonipillai was brilliant and had the nick name "The Philosopher" after St. Thomas. His first mission was at a Hindu Boarding School. He learned from the Hindu Sacred Scriptures and was seen as a "Rishi"-A holy and wise man. In 1928 he founded a monastic community that followed both the Trappist traditions as well as those of the Hindu and Buddhist Monasteries. Our own Fr. Philip as a young boy served Mass for him and Fr. Anthonipillai said that Fr. Philip would become a priest!!!! <http://www.rosarians.in/> founder.

Home Visit Ministry

Contact Brother Musonda Chota, our Oblate seminarian, at the parish office (510-655-9209), if you are homebound and would like a visit from a member of our parish.

